# **Precautions for Summer Vacation and After**

As the first academic quarter is nearly coming to an end, many of you may be planning for activities such as returning to a hometown, extracurricular activities and leisure activities. However, as COVID-19 is rapidly re-spreading throughout Japan, we ask that <u>all students take basic quarantine measures once again,</u> and behave responsibly as a student of TUAT. Please act accordingly while paying close attention to the following points.

# **(1)** Prevention for COVID-19 spread

- <u>Please continue to monitor your health condition every day, and follow basic quarantine measures</u> whether you are on or off campus, and <u>refrain from participating in activities with a high risk of infection.</u>
- If you have been confirmed with COVID-19, immediately report it to TUAT.
- For those who are returning home, <u>testing is recommended before returning home</u>, and before coming back from your trip. Please make use of the free PCR tests provided by each local government. During the "Bon vacation" period (from August 5th to August 18th), there will be temporary free testing sites at major train stations and airports nationwide.
- If you have not yet been vaccinated (3 doses in total) for COVID-19, we recommend you to take this opportunity and consider getting vaccinated proactively. Please follow the information or guidelines provided by the local government.

•When you are having symptom(s) of COVID-19 infection, or confirmed with COVID-19, please access the following link to report to the University : <u>https://www.tuat.ac.jp/NEWS/important/contact.html</u>

◆Free PCR and Other Tests :

(Tokyo metropolitan area) <u>https://tokyo-kensasuishin.jp/</u>

(Saitama prefecture) <u>https://www.pref.saitama.lg.jp/a0710/vtppe.html</u>

(Kanagawa prefecture) <u>https://www.pref.kanagawa.jp/docs/ga4/covid19/vaccines/free\_pcr.html</u>

◆Consider getting vaccinated proactively :

MHLW "COVID-19 Vaccine Booster Shots (3rd Dose)" <u>https://www.mhlw.go.jp/stf/covid-19/booster.html</u> "COVID-19 Vaccines" <u>https://www.mhlw.go.jp/stf/covid-19/vaccine.html</u>

#### ◆COVID-19 Vaccination information

(Tokyo metropolitan area) https://www.fukushihoken.metro.tokyo.lg.jp/iryo/kansen/coronavaccine/search/index.html (Saitama prefecture) <u>https://www.pref.saitama.lg.jp/a0710/covid-19vaccination.html</u> (Kanagawa prefecture) https://www.pref.kanagawa.jp/docs/ga4/covid19/vaccines/index.html

# **②** Extra-curricular Activities

- Ensure to follow the basic quarantine measures, and make sure that each extra-curricular group follow the quarantine measures described in the "Request for Extracurricular Activities " thoroughly.
- Before engaging in extra-curricular activities off-campus, please submit a "Request for Extracurricular Activities Off-Campus."
- During the summer holidays (from August 3 to August 17) or in the second quarter, intensive lectures, practical training, as well as supplementary lectures may be held. <u>Lectures, etc. will take priority over extracurricular activities</u>, etc., so when you arrange extracurricular activities, please be considerate of other students taking courses during this period.
- Accidents or incidents may increase as you get engaged in more activities. <u>Please take extra care to avoid</u> <u>unexpected accidents and/or incidents.</u> In some cases, it is possible to prevent accidents before they occur by predicting possible accidents and preparing for them along with suitable plans and equipment.
- Obey the traffic rules and be aware of traffic manners, to avoid being a victim or the cause of a traffic accident.

#### **③** Precautions concerning alcohol consumption

Attention! Minor drinking is prohibited by law. <u>The person who provides an alcoholic beverage to a minor will also be held responsible.</u>

[Strictly Prohibited]

Avoid dangerous acts such as binge drinking, forcing a person who cannot ingest alcohol to drink, drinkdriving (including drink-driving a bicycle), etc.

In addition, know your own consumption limits and avoid excessive drinking Do not drink (or refrain from drinking) if you are not feeling well.

### **④** Precautions for Using SNS

While social media such as LINE, Twitter, and Facebook etc., are very convenient to connect with people, they can also get you into unexpected troubles or hurt others by posting and sending inappropriate information. This may result in "legal penalties," regardless of whether or not there is a malicious intent.

<u>Please understand the characteristics of social media</u>, as it may have serious and dangerous impact in your future life. Please always keep in mind to use social media properly.

## **(5)** Overseas trips

• If you are traveling abroad, please check the TUAT website, "To Students Who Plan to Travel Abroad."

• TUAT will dispatch students after confirming the safety conditions and activities at the destination in accordance with the "TUAT Overseas Travel/ Study Guidelines."

# **(6)** Contact the following if you encounter an incident/accident in Japan or overseas OR if you have any questions:

| Your affiliation at TUAT                          | Office (Weekdays 8:30 - 17:15)    |                  | Office (Saturdays, Sundays, Holidays and<br>Night time from 17:15- next day 8:30) |
|---|-----------------------------------|------------------|---|
| Faculty/Graduate School of<br>Agriculture         | Student<br>Support Section        | TEL:042-367-5579 | Fuchu Campus (Night Duty Room)<br>TEL: 042-367-5664                               |
| United Graduate School of<br>Agricultural Science | Student<br>Affairs<br>Section     | TEL:042-367-5670 |   |
| Faculty/Graduate School of<br>Engineering         | Student Support<br>Section        | TEL:042-388-7011 | Koganei Campus (Guard Station)<br>TEL: 042-388-7007                               |
| BASE  | Educational<br>Affairs<br>Section | TEL:042-388-7217 |   |

\*Calling from overseas: press country number +81, then area code starting with 42 (ex) domestic: 042-388-7011 overseas: +81-42-388-7011